



Name _____

Fact and Opinion

Read the statements about food below. Decide if the sentence is a fact or an opinion.

A fact is something that can always be proven to be true.

Example: Your lungs help your body to breathe.

An opinion is a person's belief, feeling, or idea, which might be different from someone else's.

Example: Chocolate ice cream is delicious.

1. Chocolate



PREVIEW

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2. All kids

fact or opinion _____

3. Milk chocolate is better than dark chocolate.

fact or opinion _____

4. Oranges are filled with lots of vitamin C.

fact or opinion _____

5. Chicken is better than steak.

fact or opinion _____