

Changes in Families pt 1

1. Understanding Divorce: Explain what divorce means in simple terms.

2. Feelings About Divorce: Draw or write about how a child might feel when their parents get divorced.



3. Changes in Family: Draw two pictures — one before and one after divorce — and write about the differences.





Changes in Families pt 2

4. Communicating Feelings: Write ways to talk about feelings when parents get divorced.

5. Supporting Each Other: Draw a situation where family members can support each other during tough times.



6. Reflective Activity: Write or draw something that can help families during and after a divorce.

